



Medical Assistance

Medical Clearance

If you are ill or injured and are travelling or returning home for treatment or rehabilitation, a medical clearance may be required. A medical clearance helps Airlines to ensure your comfort, health and safety and facilitates the provision of any specialised equipment or assistance that may be necessary.

When is a medical clearance required?

- If you have a medical condition that requires medication onboard or to be cleared at customs
- If you or your doctor are unsure about your fitness to travel.
- If you require supplemental therapeutic oxygen.
- If you require medical equipment in flight e.g. stretcher, humidicrib, ventilators, defibrillators, oxygen concentrators etc.

Note: Onboard use of Continuous Positive Airways Pressure (CPAP) devices (both battery operated and electric) requires Qantas clearance, however it does not require clearance from a medical practitioner.

Travel Clearance Form

If medical clearance is required, your medical practitioner will need to complete a Travel Clearance Form.

Medical Equipment

If you need to use Medical Support Equipment on board you must obtain medical clearance by using a Travel Clearance Form. Your equipment must be authorised as safe for use on the aircraft.

Strict safety rules govern the operation of electronic equipment on board aircraft. Hearing aids and heart pacemakers are allowed.

Other important points are:

- Inspection prior to your flight: Medical equipment to be used on board must be made available for inspection a few hours before departure and approved for use on board. Normal carry on baggage regulations apply to any medical support equipment to be used in flight.
- Notice periods: Airlines needs 72 hours prior to departure to process clearances and make arrangement for special equipment.
- Supply of equipment: You must supply all medical equipment that you require to travel safely. Remember to bring any medication that may be needed in your carry on baggage.



Medications

If you are taking medication and want to take it with you, you may need to carry a medical certificate. Make sure that you check the consulate website of the countries you are visiting before you go and carry all medication in your carry on baggage.

You should follow these instructions for taking medication:

- Contact the embassy of the country/countries you are visiting to ensure the medication is legal in that country;
- Carry or enclose with the medication a letter from your doctor, with details of the medication, how much you will be taking with you, and stating that the medication is for your personal use;
- Leave the medication in the original packaging so it is clearly labelled identifying the medication, manufacturer's name or pharmaceutical label, along with your name and dosage.

Insulin on board

Airlines are not able to refrigerate insulin or other drugs on board. If your medication requires refrigeration you can carry on board a small cooler.

Allergies/Anaphylaxis

Because of the wide variety of possible allergens to which a customer may be sensitive, and the fact that other customers may bring allergens with them, Airlines cannot guarantee an allergy free environment onboard. For this reason, we recommend that you carry any allergy medication you may need with you, including adrenalin auto injectors, in the cabin of the aircraft, keep them within easy reach and be ready to administer the medication if necessary.

Carriage of Medical Oxygen Cylinders (5kg gross)

Some airlines allows the carriage of medical oxygen cylinders (5kg gross) in carry-on baggage only.

Operator approval is required and can be obtained by emailing your agent with the following information:

- passenger's full name;
- confirmation each cylinder does not exceed 5kg gross
- confirmation the valve/regulator is fully protected.

Note: A Medical Clearance must still be provided



Deep Vein Thrombosis (DVT)

Acceptance for travel does not require medical clearance when you advise your Airline you have a history of DVT that has been appropriately medically managed.

Scuba Diving & Decompression Sickness

To minimise the risk of decompression sickness, often known as "the bends", if you who have been scuba diving within 24 hours of your flight departure you will not be permitted to travel.

If you have suffered decompression sickness prior to travel you will require medical clearance for travel commencing within 10 days of completing treatment.

TravelnTours (Pty) Ltd Takes no responsibility for the information supplied above, the information has to be treated as a reference only and should be reconfirmed with you agent or airline at time of booking.